



Nº ACTA: IXTOMCNTIBU

## ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- IX TROFEO OPEN MÁSTER C.N. TIZONA BU
- **FECHA DE LA CELEBRACION.**  
6 ABRIL DE 20224 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**  
FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
- **LUGAR DE CELEBRACION.**
- BURGOS
- **NOMBRE DE LA PISCINA.**  
EL PLANTÍO
- **PISCINA DE 25 E. - 8 CALLES.**
- **CLUBES PARTICIPANTES**  
SEGÚN HOJA

### COMPOSICION DEL JURADO

**JUEZ ÁRBITRO:** JULIO M. URIZARNA  
**JUEZ DE SALIDAS:** ÓSCAR J. SANTIAGO  
**JUECES DE VIRAJES / ESTILOS:**  
**JEFE DE CRONOMETRADORES:**

IRENE IBAÑEZ  
SILVIA ARAUZO  
JUAN M. ARROYO  
RÁUL RIOCEREZO

JIMENA GONZÁLEZ  
JOSÉ A. MARÍN  
ESTEBAN M. REGUERO  
CELIA MEROS

**CAMARA DE SALIDAS:**

**LOCUTOR:**

**PREMIACION:**

**DURACIÓN COMPETICIÓN:**

**CRONOMETRAJE ELECTRONICO:** MANUEL CANO

**SECRETARIA:**

**SECRETARIA DE RESULTADOS:** SILVIA GONZÁLEZ

### INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: JULIO M. URIZARNA



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
00006 - C.N. Cuatro Caminos	00006	ESP	1	1	2	2	2	4	-	-	-
00573 - C.N. Leganes	00573	ESP	3	1	4	6	2	8	-	-	-
C. Aquatico Aviles Solras	01549	ESP	1	-	1	2	-	2	-	-	-
C.Acuatico Salamanca	01002	ESP	1	-	1	2	-	2	-	-	-
C.D. Tizona Burgos	01358	ESP	18	19	37	33	33	66	7	-	7
C.D. Torrelago Wellness	01351	ESP	3	2	5	6	3	9	1	-	1
C.D.N. Zamora	01251	ESP	7	8	15	14	16	30	3	-	3
C.N Tritón Bierzo	01797	ESP	3	1	4	6	2	8	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	3	2	5	6	4	10	1	-	1
C.N. Iregua-Villamediana	01255	ESP	2	1	3	4	2	6	-	-	-
C.N. Leon	00480	ESP	3	2	5	6	3	9	1	-	1
C.N. Ovimaster	01080	ESP	2	1	3	4	2	6	-	-	-
C.N. Palencia	00431	ESP	4	9	13	7	18	25	2	-	2
C.N. Soriano	00027	ESP	1	1	2	2	2	4	-	-	-
CD Upstream	01514	ESP	13	5	18	25	10	35	2	-	2
Centro Esela	00001	ESP	3	1	4	6	2	8	-	-	-
Club Natacion Master Leon	01399	ESP	3	-	3	6	-	6	-	-	-
Club Natación Rivalia	01541	ESP	4	1	5	7	1	8	-	-	-
Echavacoiz S.D.C.	00N21	ESP	1	2	3	2	4	6	-	-	-
R.G.C. Covadonga	00093	ESP	1	-	1	2	-	2	-	-	-
S.D. La Venatoria	00143	ESP	3	3	6	6	6	12	1	-	1
Número total de 21 clubes			80	60	140	154	112	266	18	-	18



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 1  
06/04/2024 - 15:00

Masc., 200m Mariposa

20 años y mayores  
Resultados

Clasificación	AN				Tiempo				
<b>20+</b>									
1.	LARA RENUNCIÓ, Jorge	00	C. Aquatico Aviles Solras			<b>2:24.35</b>	10,00		
	50m: 30.51 30.51	100m: 1:07.72	37.21 150m: 1:46.64	38.92	200m: 2:24.35	37.71			
2.	VEGA FUERTES, Lucas	04	C.D. Tizona Burgos			<b>2:40.74</b>	8,00		
	50m: 33.65 33.65	100m:	150m:		200m: 2:40.74				
3.	FERNANDEZ GARCIA, Pedro	03	C.D. Tizona Burgos			<b>2:45.14</b>	6,00		
	50m: 37.13 37.13	100m: 1:19.31	42.18 150m: 2:02.11	42.80	200m: 2:45.14	43.03			
<b>25+</b>									
1.	AGUADO VESPERINAS, Raul	98	C.D. Torrelago Wellness			<b>2:33.10</b>	10,00		
	50m: 31.87 31.87	100m: 1:08.26	36.39 150m: 1:47.07	38.81	200m: 2:33.10	46.03			
2.	RECIO REGUERO, Diego	95	C.N. Leon			<b>2:45.18</b>	8,00		
	50m: 35.84 35.84	100m: 1:17.10	41.26 150m: 2:00.98	43.88	200m: 2:45.18	44.20			
<b>30+</b>									
1.	ORTEGA OCHOA, Marcos	93	C.N. Bierzo-Ponferrada			<b>2:42.35</b>	10,00		
	50m: 33.97 33.97	100m: 1:12.00	38.03 150m: 1:54.57	42.57	200m: 2:42.35	47.78			
2.	UCAR SEVILLANO, Guillermo	91	C.D. Tizona Burgos			<b>3:03.62</b>	8,00		
	50m: 39.24 39.24	100m: 1:25.60	46.36 150m: 2:13.90	48.30	200m: 3:03.62	49.72			
Baja	SACRISTÁN SALAZAR, Victor	93	C.N. Iregua-Villamediana				-		
<b>35+</b>									
1.	LOPEZ GONZALEZ, Marcos	87	C.N. Ovimaster			<b>3:14.14</b>	10,00		
	50m: 41.77 41.77	100m:	150m:		200m: 3:14.14				
<b>50+</b>									
1.	MARTINEZ GONZALEZ, Raul	72	C.N. Ovimaster			<b>3:16.30</b>	10,00		
	50m: 44.30 44.30	100m:	150m:		200m: 3:16.30				
<b>55+</b>									
DSQ	MARTINEZ LORENTE, Daniel	66	Club Natación Rivalia				-		
<b>60+</b>									
1.	ALUTIZ DUARTE, Santiago	62	C.N. Iregua-Villamediana			<b>3:37.34</b>	10,00		
	50m: 46.60 46.60	100m: 1:39.28	52.68 150m: 2:35.23	55.95	200m: 3:37.34	1:02.11			
2.	MARTIN-ANERO AVEDILLO, Norberto	63	C.D.N. Zamora			<b>3:48.38</b>	8,00		
	50m: 49.23 49.23	100m:	150m:		200m: 3:48.38				



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 2  
06/04/2024 - 15:08

Fem., 200m Mariposa

20 años y mayores  
Resultados

Clasificación			AN					Tiempo	
<b>20+</b>									
1.	NOGUERAS GONZALEZ, Angela		02	C.D. Torrelago Wellness			<b>3:09.14</b>	10,00	
	50m:	40.96 40.96	100m:	1:28.79	47.83 150m:	2:18.75	49.96	200m:	3:09.14 50.39
<b>25+</b>									
1.	POMAR SOLANA, Sara		95	C.D.N. Zamora			<b>2:37.02</b>	10,00	
	50m:	34.76 34.76	100m:	1:14.27	39.51 150m:	1:55.94	41.67	200m:	2:37.02 41.08
<b>45+</b>									
1.	GONZALEZ SANTAMARTA, Cristina		75	00573 - C.N. Leganes			<b>3:15.60</b>	10,00	
	50m:	42.43 42.43	100m:	1:31.67	49.24 150m:	2:23.60	51.93	200m:	3:15.60 52.00
2.	PEÑA PACHON, Lucia		75	C.N. Iregua-Villamediana			<b>4:09.18</b>	8,00	
	50m:	56.56 56.56	100m:	2:01.83	1:05.27 150m:	3:06.18	1:04.35	200m:	4:09.18 1:03.00
<b>50+</b>									
1.	NEMETH, Andrea		74	00006 - C.N. Cuatro Caminos			<b>3:56.86</b>	10,00	
	50m:	48.80 48.80	100m:	1:47.21	58.41 150m:	2:50.43	1:03.22	200m:	3:56.86 1:06.43

Prueba 3  
06/04/2024 - 15:13

Masc., 50m Braza

20 años y mayores  
Resultados

Clasificación			AN					Tiempo	
<b>20+</b>									
1.	MUÑOZ ROJO, Ivan		04	00573 - C.N. Leganes			<b>37.32</b>	10,00	
<b>30+</b>									
1.	DIAZ ALVAREZ, Daniel		90	R.G.C. Covadonga			<b>32.92</b>	10,00	
<b>35+</b>									
1.	RODRIGUEZ TESTERA, Diego		86	C.N. Bierzo-Ponferrada			<b>36.59</b>	10,00	
2.	REDONDO ENRIQUEZ, Jose		89	C.D.N. Zamora			<b>36.71</b>	8,00	
3.	INFANTE PÉREZ, Enrique		89	CD Upstream			<b>44.84</b>	6,00	
<b>40+</b>									
1.	SERRANO SANZ, Mario		81	C.N. Tritón Bierzo			<b>33.06</b>	10,00	
2.	PEREZ HERNANDEZ, Samuel		80	C.D.N. Zamora			<b>37.77</b>	8,00	
3.	SANCHEZ ROBLES, Jose Manuel		81	C.D.N. Zamora			<b>38.10</b>	6,00	
4.	TAVERA MORENO, Pedro Daniel		80	C.D. Tizona Burgos			<b>38.95</b>	4,00	
5.	PEREZ MARCOS, Manuel		84	C.N. Leon			<b>44.37</b>	2,00	
<b>45+</b>									
1.	GONZALO ENCINAR, Ruben		76	C.D. Tizona Burgos			<b>39.02</b>	10,00	
Baja	GONZALEZ MAESO, Esau		77	C.D. Torrelago Wellness				-	
Baja	PERALTA PÉREZ, Israel		79	C.D.N. Zamora				-	



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 3, Masc., 50m Braza

50+

1.	MARCIO MANZANO, Miguel	74	C.D. Tizona Burgos	<b>35.28</b>	10,00
2.	MORCHON FUENTES, Oscar Javier	72	CD Upstream	<b>39.37</b>	8,00
3.	DOMINGO ALONSO, Alvaro	74	CD Upstream	<b>44.75</b>	6,00
Baja	ALVAREZ DURANGO, Hector	70	S.D. La Venatoria		-

55+

1.	SABATER REDONDO, Jorge	68	00006 - C.N. Cuatro Caminos	<b>36.11</b>	10,00
2.	FERNANDEZ LLANOS, Luis Ignacio	69	C.D.N. Zamora	<b>38.16</b>	8,00
3.	LÓPEZ ALONSO, Juan Antonio	68	C.N. Bierzo-Ponferrada	<b>39.03</b>	6,00
4.	REBE DEL OLMO, Francisco Javier	67	C.D. Tizona Burgos	<b>47.62</b>	4,00

60+

1.	PEREZ SERRANO, Miguel	63	C.D. Tizona Burgos	<b>45.78</b>	10,00
2.	PELÁEZ FRANCO, Antonio-Manuel	63	C.D.N. Zamora	<b>52.65</b>	8,00
Baja	BADAS CODEJON, Nestor	60	CD Upstream		-

65+

1.	PRIETO GUIBELALDE, Luis Alberto	59	C.N Tritón Bierzo	<b>46.03</b>	10,00
2.	ARIAS TOBALINA, Federico	57	CD Upstream	<b>50.63</b>	8,00

75+

1.	ROBLES SALAMANCA, Alberto	49	Club Natacion Master Leon	<b>1:00.75</b>	10,00
Baja	JIMENO IBAÑEZ, Domingo	48	C.N. Leon		-

Prueba 4

Fem., 50m Braza

20 años y mayores

06/04/2024 - 15:19

Resultados

Clasificación	AN			Tiempo	
<b>25+</b>					
1.	GONZALEZ ORALLO, Cristina	98	C.N. Bierzo-Ponferrada	<b>43.68</b>	10,00
2.	RAMIREZ REVILLA, Nuria	98	C.N. Soriano	<b>44.02</b>	8,00
3.	RUIZ MAYORAL, Nerea	97	C.D. Tizona Burgos	<b>51.16</b>	6,00
<b>30+</b>					
1.	SADORNIL GUTIERREZ, Ana Marta	91	C.N. Palencia	<b>43.33</b>	10,00
2.	ARIAS GAMAZO, Ester	90	C.D.N. Zamora	<b>48.53</b>	8,00
3.	RODRIGUEZ MORANTE, Ana	93	C.D. Tizona Burgos	<b>49.71</b>	6,00
<b>35+</b>					
1.	FERNANDEZ PEREZ, Sara	87	C.D. Tizona Burgos	<b>44.15</b>	10,00
2.	CAMPOS MANZANO, Ana	85	C.D.N. Zamora	<b>49.13</b>	8,00
<b>40+</b>					
1.	BLANCO VECILLA, Patricia	84	C.D.N. Zamora	<b>43.66</b>	10,00
2.	MARTINEZ RODRIGUEZ, Raquel	83	CD Upstream	<b>56.41</b>	8,00



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 4, Fem., 50m Braza

45+

1.	HERAS VIDAURRE, Elena	77	C.D. Tizona Burgos	<b>40.89</b>	10,00
2.	DE PRADO ESCRIBANO, Maria	79	C.N. Palencia	<b>44.26</b>	8,00
3.	GONZÁLEZ DE LA FUENTE, Mª Carolina	77	CD Upstream	<b>45.10</b>	6,00

50+

1.	SANCHEZ ANDRES, Olga	73	C.N. Palencia	<b>51.12</b>	10,00
2.	PEREZ CASTREJON, Sara	71	C.D. Tizona Burgos	<b>52.62</b>	8,00
3.	DE LA PEÑA BUSTOS, Mar	72	C.N. Ovimaster	<b>54.83</b>	6,00
4.	HERAS GONZÁLEZ, Maria Esther	71	C.N. Bierzo-Ponferrada	<b>1:05.36</b>	4,00
5.	FUERTES ZAPATA, Maria	70	C.D. Tizona Burgos	<b>1:10.93</b>	2,00

55+

1.	WALTERS, Lisa Ann	67	C.D. Tizona Burgos	<b>55.04</b>	10,00
2.	ORTEGA ABIA, Susana	69	C.N. Palencia	<b>57.19</b>	8,00
3.	TOBAR GONZALEZ, Blanca Esther	66	C.D. Tizona Burgos	<b>1:22.10</b>	6,00
Baja	HERNANDEZ MARTIN, Mª Isabel	65	CD Upstream		-

60+

1.	AYALA GUTIERREZ, Angeles	64	C.D. Tizona Burgos	<b>43.47</b>	10,00
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65+

1.	JUARROS BARCENILLA, Ana Isabel	58	C.D. Tizona Burgos	<b>1:11.55</b>	10,00
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70+

1.	ARRIBAS PAMPLIEGA, Felisa	53	C.D. Tizona Burgos	<b>1:13.91</b>	10,00
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Prueba 5

06/04/2024 - 15:26

Masc., 100m Espalda

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	
<b>20+</b>				
1.	GIMENO PINEDO, Jorge	01	C.N. Palencia	<b>1:03.03</b> 10,00
	50m: 29.93 29.93	100m: 1:03.03	33.10	
<b>30+</b>				
1.	BLANCO MAROTO, Juan Daniel	92	00573 - C.N. Leganes	<b>1:05.37</b> 10,00
	50m: 32.29 32.29	100m: 1:05.37	33.08	
DSQ	DE LA PEÑA GUTIERREZ, Saul	93	CD Upstream	-
<b>35+</b>				
1.	HERRERA DEL AMO, Roberto	88	00573 - C.N. Leganes	<b>1:17.36</b> 10,00
	50m: 37.55 37.55	100m: 1:17.36	39.81	
2.	MARTINEZ VIDAS, Alejandro	88	Centro Esela	<b>2:23.02</b> 8,00
	50m: 1:09.61 1:09.61	100m: 2:23.02	1:13.41	
DSQ	BURGOS GOZALEZ, Jorge	86	Centro Esela	-



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 5, Masc., 100m Espalda

40+

1.	MARTIN ANGULO, Daniel	82	C.D. Tizona Burgos	<b>1:07.98</b>	10,00
	50m: 32.84 32.84	100m: 1:07.98	35.14		

45+

1.	JIMÉNEZ OCHOA, Francisco Javier	75	Club Natación Rivalia	<b>1:25.67</b>	10,00
	50m: 40.90 40.90	100m: 1:25.67	44.77		
DSQ	JIMÉNEZ GONZÁLEZ, Rubén	76	CD Upstream		-

50+

1.	GALLEGO RODRIGUEZ, Jose Felix	70	CD Upstream	<b>1:36.16</b>	10,00
	50m: 46.79 46.79	100m: 1:36.16	49.37		
2.	TEMIÑO RUIZ, Alejandro	71	C.D. Tizona Burgos	<b>1:38.14</b>	8,00
	50m: 46.44 46.44	100m: 1:38.14	51.70		

Prueba 6

Fem., 100m Espalda

20 años y mayores  
Resultados

06/04/2024 - 15:32

Clasificación		AN		Tiempo	
<b>20+</b>					
1.	FERNÁNDEZ CORTADA, Lucía	04	C.N. Palencia	<b>1:12.27</b>	10,00
	50m: 34.39 34.39	100m: 1:12.27	37.88		
2.	SEGOVIA MORENO, Silvia	04	C.D. Torrelago Wellness	<b>1:15.26</b>	8,00
	50m: 35.85 35.85	100m: 1:15.26	39.41		
3.	RUIZ MAYORAL, Carla	01	C.D. Tizona Burgos	<b>1:21.82</b>	6,00
	50m: 40.54 40.54	100m: 1:21.82	41.28		
4.	GIL LANCHO, Nerea	01	Echavacoiz S.D.C.	<b>1:28.30</b>	4,00
	50m: 42.30 42.30	100m: 1:28.30	46.00		
<b>30+</b>					
1.	ARIAS GAMAZO, Ester	90	C.D.N. Zamora	<b>1:44.87</b>	10,00
	50m: 52.01 52.01	100m: 1:44.87	52.86		
2.	VALLELADO MOLINA, Rocío	91	CD Upstream	<b>2:04.16</b>	8,00
	50m: 59.40 59.40	100m: 2:04.16	1:04.76		
3.	OLALLA ANTÓN, Sara	93	Centro Esela	<b>3:17.95</b>	6,00
	50m: 1:32.45 1:32.45	100m: 3:17.95	1:45.50		
<b>50+</b>					
1.	ALVAREZ DURANGO, Eva	71	S.D. La Venatoria	<b>1:28.70</b>	10,00
	50m: 42.57 42.57	100m: 1:28.70	46.13		
2.	NEMETH, Andrea	74	00006 - C.N. Cuatro Caminos	<b>1:43.95</b>	8,00
	50m: 50.06 50.06	100m: 1:43.95	53.89		
3.	SANCHEZ ANDRES, Olga	73	C.N. Palencia	<b>1:51.13</b>	6,00
	50m: 54.32 54.32	100m: 1:51.13	56.81		
<b>55+</b>					
1.	RODRÍGUEZ NIDAGUILA, Mª Mar	69	C.D. Tizona Burgos	<b>1:24.79</b>	10,00
	50m: 41.01 41.01	100m: 1:24.79	43.78		
2.	SANJUÁN MOYANO, Ana Maria	69	C.N. Palencia	<b>1:39.64</b>	8,00
	50m: 48.54 48.54	100m: 1:39.64	51.10		



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 6, Fem., 100m Espalda, 55+

Clasificación	AN		Tiempo	
Baja HERNANDEZ MARTIN, M <sup>a</sup> Isabel	65	CD Upstream		-
<b>65+</b>				
1. JUARROS BARCENILLA, Ana Isabel	58	C.D. Tizona Burgos	<b>2:26.91</b>	10,00
50m: 1:13.00 1:13.00 100m: 2:26.91	1:13.91			
<b>70+</b>				
1. DIEZ-ANDINO RUIZ, Carmen Elena	51	C.D.N. Zamora	<b>2:43.43</b>	10,00
50m: 1:18.15 1:18.15 100m: 2:43.43	1:25.28			
Baja SANTAMARIA MINGUEZ, Blanca Nieves	53	C.D. Tizona Burgos		-

Prueba 7

Masc., 400m Libre

20 años y mayores  
Resultados

06/04/2024 - 15:39

Clasificación	AN		Tiempo	
<b>20+</b>				
1. LARA RENUNCIÓ, Jorge	00	C. Aquatico Aviles Solras	<b>4:37.65</b>	10,00
50m: 30.96 30.96 150m: 1:40.53 35.60 250m: 2:52.23 35.96 350m: 4:03.28 35.36	2:16.27	35.74 300m: 3:27.92 35.69 400m: 4:37.65 34.37		
100m: 1:04.93 33.97 200m: 2:25.95	36.81 250m: 3:04.19 38.24 350m: 4:18.31 37.04			
2. IZQUIERDO IRUELA, Oscar	03	C.N. Soriano	<b>4:54.30</b>	8,00
50m: 34.62 34.62 150m: 1:48.06 36.81 250m: 3:04.19 38.24 350m: 4:18.31 37.04	2:25.95	37.89 300m: 3:41.27 37.08 400m: 4:54.30 35.99		
100m: 1:11.25 36.63 200m: 2:33.30	39.51 250m: 3:16.73 43.43 350m: 4:46.30 44.95			
3. SANZ GARCÍA, Alejandro	02	C.D. Tizona Burgos	<b>5:28.65</b>	6,00
50m: 33.75 33.75 150m: 1:51.21 39.51 250m: 3:16.73 43.43 350m: 4:46.30 44.95	2:33.30	42.09 300m: 4:01.35 44.62 400m: 5:28.65 42.35		
100m: 1:11.70 37.95 200m: 2:41.44	42.10 250m: 3:25.77 44.33 350m: 4:56.06 45.25			
4. ANTOÑANZAS BARCO, Ismael	00	Club Natación Rivalia	<b>5:40.92</b>	4,00
50m: 36.00 36.00 150m: 1:58.19 42.10 250m: 3:25.77 44.33 350m: 4:56.06 45.25	2:41.44	43.25 300m: 4:10.81 45.04 400m: 5:40.92 44.86		
100m: 1:16.09 40.09 200m: 2:41.44				
<b>30+</b>				
1. GARZON GONZALEZ, David	91	CD Upstream	<b>4:33.77</b>	10,00
50m: 30.54 30.54 150m: 1:37.66 33.90 250m: 2:46.66 34.68 350m: 3:58.71 36.17	2:11.98	34.32 300m: 3:22.54 35.88 400m: 4:33.77 35.06		
100m: 1:03.76 33.22 200m: 2:30.26	38.47 250m: 3:10.01 39.75 350m: 4:30.23 39.99			
2. COBALEDA GIL, Pablo	94	C.Acuatico Salamanca	<b>5:10.23</b>	8,00
50m: 34.43 34.43 150m: 1:50.53 38.47 250m: 3:10.01 39.75 350m: 4:30.23 39.99	2:30.26	39.73 300m: 3:50.24 40.23 400m: 5:10.23 40.00		
100m: 1:12.06 37.63 200m: 2:37.73	40.70 250m: 3:19.50 41.77 350m: 4:43.75 42.18			
3. UCAR SEVILLANO, Guillermo	91	C.D. Tizona Burgos	<b>5:24.38</b>	6,00
50m: 36.58 36.58 150m: 1:56.77 40.70 250m: 3:19.50 41.77 350m: 4:43.75 42.18	2:37.73	40.96 300m: 4:01.57 42.07 400m: 5:24.38 40.63		
100m: 1:16.07 39.49 200m: 2:47.15	43.37 250m: 3:32.87 45.72 350m: 5:05.18 45.90			
4. CANO BAQUERO, Carlos	93	C.D. Tizona Burgos	<b>5:48.93</b>	4,00
50m: 37.87 37.87 150m: 2:02.11 43.37 250m: 3:32.87 45.72 350m: 5:05.18 45.90	2:47.15	45.04 300m: 4:19.28 46.41 400m: 5:48.93 43.75		
100m: 1:18.74 40.87 200m: 2:47.15				
<b>35+</b>				
1. GAMARRA OLMEDO, Jorge	85	CD Upstream	<b>5:11.84</b>	10,00
50m: 33.80 33.80 150m: 1:48.98 37.85 250m: 3:08.53 40.36 350m: 4:31.84 41.37	2:28.17	39.19 300m: 3:50.47 41.94 400m: 5:11.84 40.00		
100m: 1:11.13 37.33 200m: 2:39.26	41.18 250m: 3:20.69 41.43 350m: 4:43.00 40.72			
2. FERNANDEZ PEREZ, Victor	85	C.D. Tizona Burgos	<b>5:22.46</b>	8,00
50m: 36.59 36.59 150m: 1:57.67 41.18 250m: 3:20.69 41.43 350m: 4:43.00 40.72	2:39.26	41.59 300m: 4:02.28 41.59 400m: 5:22.46 39.46		
100m: 1:16.49 39.90 200m: 2:39.26				





IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 7, Masc., 400m Libre

40+

1. SERRANO SANZ, Mario	81	C.N Tritón Bierzo	<b>4:54.72</b>	10,00
50m: 33.49 33.49	150m: 1:45.95 36.56	250m: 3:00.41 37.36	350m: 4:16.62 38.44	
100m: 1:09.39 35.90	200m: 2:23.05 37.10	300m: 3:38.18 37.77	400m: 4:54.72 38.10	

45+

1. MARCELLAN PEREZ, Eduardo	78	Club Natación Rivalia	<b>4:45.48</b>	10,00
50m: 32.37 32.37	150m: 1:43.27 36.35	250m: 2:57.67 37.04	350m: 4:10.63 36.34	
100m: 1:06.92 34.55	200m: 2:20.63 37.36	300m: 3:34.29 36.62	400m: 4:45.48 34.85	
2. AGUILAR CARRETERO, David	75	Club Natacion Master Leon	<b>5:30.00</b>	8,00
50m: 36.86 36.86	150m: 2:00.23 42.21	250m: 3:25.26 42.45	350m: 4:50.10 42.40	
100m: 1:18.02 41.16	200m: 2:42.81 42.58	300m: 4:07.70 42.44	400m: 5:30.00 39.90	
3. HERRÁN DE LA MAZA, Pablo	77	CD Upstream	<b>5:34.97</b>	6,00
50m: 35.90 35.90	150m: 1:57.33 41.69	250m: 3:23.26 43.36	350m: 4:51.34 44.11	
100m: 1:15.64 39.74	200m: 2:39.90 42.57	300m: 4:07.23 43.97	400m: 5:34.97 43.63	

Baja RUIZ REY, David 75 C.N Tritón Bierzo -

50+

1. MARTINEZ GONZALEZ, Raul	72	C.N. Ovimaster	<b>5:13.90</b>	10,00
50m: 35.71 35.71	150m: 1:52.82 39.17	250m: 3:13.10 40.46	350m: 4:34.45 40.81	
100m: 1:13.65 37.94	200m: 2:32.64 39.82	300m: 3:53.64 40.54	400m: 5:13.90 39.45	

55+

1. GALLEGO VICARIO, Roberto	69	Club Natacion Master Leon	<b>5:41.17</b>	10,00
50m: 38.66 38.66	150m: 2:03.17 42.62	250m: 3:30.53 44.10	350m: 4:58.25 43.72	
100m: 1:20.55 41.89	200m: 2:46.43 43.26	300m: 4:14.53 44.00	400m: 5:41.17 42.92	
2. GIL GUILLEN, Marcos	69	Echavacoiz S.D.C.	<b>6:36.27</b>	8,00
50m: 45.41 45.41	150m: 2:24.50 49.78	250m: 4:06.70 51.49	350m: 5:48.15 50.34	
100m: 1:34.72 49.31	200m: 3:15.21 50.71	300m: 4:57.81 51.11	400m: 6:36.27 48.12	

65+

1. CARRANZA RODRIGUEZ, Luis Guillermo	57	C.D. Tizona Burgos	<b>6:54.66</b>	10,00
50m: 45.19 45.19	150m: 2:27.69 52.22	250m: 4:14.83 53.78	350m: 6:01.76 53.17	
100m: 1:35.47 50.28	200m: 3:21.05 53.36	300m: 5:08.59 53.76	400m: 6:54.66 52.90	

Prueba 8

Fem., 400m Libre

20 años y mayores

06/04/2024 - 16:00

Resultados

Clasificación	AN	Nombre	Equipo	50m	100m	150m	200m	250m	300m	350m	400m	Tiempo	Puntos
20+													
1.	03	ZAPATA CHURRUCA, Leire	Echavacoiz S.D.C.	37.48	1:17.95	1:59.32	2:40.97	3:22.76	4:04.60	4:45.57	5:24.65	<b>5:24.65</b>	10,00
				37.48	40.47	41.37	41.65	41.79	41.84	40.97	39.08		
25+													
1.	95	POMAR SOLANA, Sara	C.D.N. Zamora	33.62	1:10.61	1:48.08	2:26.72	3:05.40	3:45.42	4:25.90	5:03.78	<b>5:03.78</b>	10,00
				33.62	36.99	37.47	38.64	38.68	40.02	40.48	37.88		



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 8, Fem., 400m Libre

35+

1.	RODRIGUEZ FERNANDEZ, Ana	87	C.N. Leon	<b>5:46.18</b>	10,00
	50m: 37.32 37.32	150m: 2:02.31	43.39	250m: 3:31.33	44.32
	100m: 1:18.92 41.60	200m: 2:47.01	44.70	300m: 4:16.77	45.44
				350m: 5:02.11	45.34
				400m: 5:46.18	44.07
2.	FERNANDEZ PEREZ, Sara	87	C.D. Tizona Burgos	<b>5:57.68</b>	8,00
	50m: 37.96 37.96	150m: 2:03.20	43.81	250m: 3:35.26	46.18
	100m: 1:19.39 41.43	200m: 2:49.08	45.88	300m: 4:23.06	47.80
				350m: 5:10.38	47.32
				400m: 5:57.68	47.30
3.	MAYO ANTON, Rut	87	C.D.N. Zamora	<b>6:31.61</b>	6,00
	50m: 43.38 43.38	150m: 2:20.71	49.36	250m: 4:00.93	49.71
	100m: 1:31.35 47.97	200m: 3:11.22	50.51	300m: 4:52.28	51.35
				350m: 5:42.75	50.47
				400m: 6:31.61	48.86

40+

1.	REY URDANIZ, Mercedes	82	Club Natación Rivalia	<b>5:26.08</b>	10,00
	50m: 36.64 36.64	150m: 1:57.85	41.25	250m: 3:20.93	41.38
	100m: 1:16.60 39.96	200m: 2:39.55	41.70	300m: 4:02.62	41.69
				350m: 4:44.84	42.22
				400m: 5:26.08	41.24

45+

1.	VELA GARCÍA, Silvia	78	C.D.N. Zamora	<b>6:59.20</b>	10,00
	50m: 47.42 47.42	150m: 2:31.52	52.22	250m: 4:18.75	55.11
	100m: 1:39.30 51.88	200m: 3:23.64	52.12	300m: 5:12.01	53.26
				350m: 6:06.66	54.65
				400m: 6:59.20	52.54
2.	COUSO FRAIZ, Carmen	78	C.N Tritón Bierzo	<b>7:39.40</b>	8,00
	50m: 53.65 53.65	150m: 2:51.10	59.27	250m: 4:48.25	58.39
	100m: 1:51.83 58.18	200m: 3:49.86	58.76	300m: 5:46.84	58.59
				350m: 6:44.07	57.23
				400m: 7:39.40	55.33

50+

1.	FUERTES ZAPATA, Maria	70	C.D. Tizona Burgos	<b>8:08.34</b>	10,00
	50m: 56.72 56.72	150m: 2:58.31	1:01.10	250m: 5:02.63	1:02.58
	100m: 1:57.21 1:00.49	200m: 4:00.05	1:01.74	300m: 6:05.16	1:02.53
				350m: 7:06.99	1:01.83
				400m: 8:08.34	1:01.35
2.	DE LA PEÑA BUSTOS, Mar	72	C.N. Ovimaster	<b>8:17.77</b>	8,00
	50m: 52.88 52.88	150m: 2:56.69	1:02.83	250m: 5:04.26	1:04.10
	100m: 1:53.86 1:00.98	200m: 4:00.16	1:03.47	300m: 6:07.09	1:02.83
				350m: 7:11.67	1:04.58
				400m: 8:17.77	1:06.10

55+

1.	ALONSO PRIETO, Ines	69	S.D. La Venatoria	<b>6:31.42</b>	10,00
	50m: 45.03 45.03	150m: 2:22.66	49.67	250m: 4:03.57	50.21
	100m: 1:32.99 47.96	200m: 3:13.36	50.70	300m: 4:53.82	50.25
				350m: 5:44.20	50.38
				400m: 6:31.42	47.22
2.	HIDALGO MARTINEZ, Rosa	68	C.N. Leon	<b>7:53.93</b>	8,00
	50m: 54.14 54.14	150m: 2:53.23	1:00.12	250m: 4:54.57	1:01.36
	100m: 1:53.11 58.97	200m: 3:53.21	59.98	300m: 5:55.64	1:01.07
				350m: 6:56.31	1:00.67
				400m: 7:53.93	57.62

60+

1.	AYALA GUTIERREZ, Angeles	64	C.D. Tizona Burgos	<b>6:23.55</b>	10,00
	50m: 42.72 42.72	150m: 2:19.82	49.29	250m: 3:59.13	49.32
	100m: 1:30.53 47.81	200m: 3:09.81	49.99	300m: 4:48.57	49.44
				350m: 5:37.51	48.94
				400m: 6:23.55	46.04

65+

1.	APELLANIZ ALBENIZ, Maria Inmaculada	59	C.D. Tizona Burgos	<b>7:51.47</b>	10,00
	50m: 50.05 50.05	150m: 2:48.09	1:00.18	250m: 4:50.21	1:01.58
	100m: 1:47.91 57.86	200m: 3:48.63	1:00.54	300m: 5:53.37	1:03.16
				350m: 6:56.05	1:02.68
				400m: 7:51.47	55.42

70+

1.	DIEZ-ANDINO RUIZ, Carmen Elena	51	C.D.N. Zamora	<b>10:23.12</b>	10,00
	50m: 1:14.26 1:14.26	150m: 3:47.48	1:17.76	250m: 6:26.72	1:20.43
	100m: 2:29.72 1:15.46	200m: 5:06.29	1:18.81	300m: 7:46.88	1:20.16
				350m: 9:05.24	1:18.36
				400m: 10:23.12	1:17.88



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 9  
06/04/2024 - 16:17

Masc., 50m Mariposa

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	
<b>20+</b>				
1. ESTEBAN BLASCO, David	01	C.D. Torrelago Wellness	<b>29.87</b>	10,00
2. GARCIA TORRES, Roberto	00	C.D. Tizona Burgos	<b>30.37</b>	8,00
3. CALVO ORTEGA, Sergio	02	C.N. Palencia	<b>30.71</b>	6,00
4. MERINO ALVAREZ, Luis	03	S.D. La Venatoria	<b>33.38</b>	4,00
<b>25+</b>				
DSQ AGUADO VESPERINAS, Raul	98	C.D. Torrelago Wellness		-
<b>30+</b>				
1. VALLE TENORIO, Roberto	90	C.N. Palencia	<b>29.40</b>	10,00
2. COBALEDA GIL, Pablo	94	C.Acuatico Salamanca	<b>31.35</b>	8,00
3. GONZÁLEZ CARPINTERO, Borja	93	Centro Esela	<b>45.98</b>	6,00
<b>35+</b>				
1. RODRIGUEZ TESTERA, Diego	86	C.N. Bierzo-Ponferrada	<b>33.57</b>	10,00
2. REDONDO ENRIQUEZ, Jose	89	C.D.N. Zamora	<b>34.69</b>	8,00
<b>40+</b>				
1. MARTIN ANGULO, Daniel	82	C.D. Tizona Burgos	<b>31.27</b>	10,00
2. SANCHEZ ROBLES, Jose Manuel	81	C.D.N. Zamora	<b>32.87</b>	8,00
3. TAVERA MORENO, Pedro Daniel	80	C.D. Tizona Burgos	<b>36.90</b>	6,00
4. SOCORRO CARDONA, Alejandro	82	C.D. Tizona Burgos	<b>38.77</b>	4,00
DSQ PEREZ MARCOS, Manuel	84	C.N. Leon		-
<b>45+</b>				
1. GONZALO ENCINAR, Ruben	76	C.D. Tizona Burgos	<b>36.86</b>	10,00
2. AGUILAR CARRETERO, David	75	Club Natacion Master Leon	<b>37.66</b>	8,00
Baja RUIZ REY, David	75	C.N Tritón Bierzo		-
<b>50+</b>				
Baja ALVAREZ DURANGO, Hector	70	S.D. La Venatoria		-
Baja MERINO DOMINGUEZ, Luis	70	S.D. La Venatoria		-
<b>55+</b>				
1. MARTINEZ LORENTE, Daniel	66	Club Natación Rivalia	<b>38.03</b>	10,00
2. FERNANDEZ LLANOS, Luis Ignacio	69	C.D.N. Zamora	<b>38.21</b>	8,00
Baja FERNÁNDEZ BONNEMAISON, A.	67	CD Upstream		-



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 10  
06/04/2024 - 16:21

Fem., 50m Mariposa

20 años y mayores  
Resultados

Clasificación	AN		Tiempo
<b>20+</b>			
1. RIOCEREZO SAN ESTEBAN, Jimena	03	C.D. Tizona Burgos	<b>33.20</b> 10,00
2. SAN JUAN CASTRIGNO, Mireia	02	C.N. Palencia	<b>35.60</b> 8,00
3. GIL LANCHO, Nerea	01	Echavacoiz S.D.C.	<b>41.84</b> 6,00
<b>25+</b>			
1. GONZALEZ ORALLO, Cristina	98	C.N. Bierzo-Ponferrada	<b>40.25</b> 10,00
<b>30+</b>			
1. APORTA DEL TESO, Eva	91	C.D.N. Zamora	<b>34.20</b> 10,00
2. DE LA CALLE GAMAZO, Beatriz	94	CD Upstream	<b>37.92</b> 8,00
<b>35+</b>			
1. RODRIGUEZ FERNANDEZ, Ana	87	C.N. Leon	<b>35.39</b> 10,00
2. CAMPOS MANZANO, Ana	85	C.D.N. Zamora	<b>46.11</b> 8,00
<b>40+</b>			
1. LOSANTOS PRIETO, Esther	83	C.D. Tizona Burgos	<b>35.08</b> 10,00
<b>45+</b>			
1. CALLEJA RODRIGUEZ, Maria	77	C.D. Tizona Burgos	<b>39.93</b> 10,00
2. DE PRADO ESCRIBANO, Maria	79	C.N. Palencia	<b>52.68</b> 8,00
<b>50+</b>			
1. ALVAREZ GAGO, Marta	73	S.D. La Venatoria	<b>35.70</b> 10,00
2. FERNANDEZ LEBRATO, M <sup>a</sup> Angeles	70	C.D. Tizona Burgos	<b>47.79</b> 8,00
3. PEREZ CASTREJON, Sara	71	C.D. Tizona Burgos	<b>49.20</b> 6,00
4. ESPINA ASENSIO, Rocio	74	C.N. Palencia	<b>58.33</b> 4,00
<b>55+</b>			
1. SANJUÁN MOYANO, Ana Maria	69	C.N. Palencia	<b>43.36</b> 10,00
<b>60+</b>			
1. RODRÍGUEZ ROMERO, Ana Maria	64	C.N. Palencia	<b>46.26</b> 10,00

Prueba 11  
06/04/2024 - 16:25

Masc., 100m Libre

20 años y mayores  
Resultados

Clasificación AN Tiempo



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 11, Masc., 100m Libre

20+

1.	GIMENO PINEDO, Jorge	01	C.N. Palencia	<b>57.59</b>	10,00
	50m: 28.31 28.31	100m: 57.59	29.28		
2.	ESTEBAN BLASCO, David	01	C.D. Torrelago Wellness	<b>59.20</b>	8,00
	50m: 28.43 28.43	100m: 59.20	30.77		
3.	VEGA FUERTES, Lucas	04	C.D. Tizona Burgos	<b>1:01.43</b>	6,00
	50m: 29.45 29.45	100m: 1:01.43	31.98		
4.	IZQUIERDO IRUELA, Oscar	03	C.N. Soriano	<b>1:01.85</b>	4,00
	50m: 30.19 30.19	100m: 1:01.85	31.66		
5.	ESTEBANEZ HERRERA, Sergio	00	C.N. Palencia	<b>1:06.66</b>	2,00
	50m: 31.99 31.99	100m: 1:06.66	34.67		
6.	MUÑOZ ROJO, Ivan	04	00573 - C.N. Leganes	<b>1:06.97</b>	1,00
	50m: 32.04 32.04	100m: 1:06.97	34.93		
7.	ANTOÑANZAS BARCO, Ismael	00	Club Natación Rivalia	<b>1:10.11</b>	-
	50m: 34.34 34.34	100m: 1:10.11	35.77		
8.	MERINO ALVAREZ, Luis	03	S.D. La Venatoria	<b>1:12.22</b>	-
	50m: 33.79 33.79	100m: 1:12.22	38.43		
9.	MARTÍNEZ SANLLORENTE, Jonás	00	C.D. Tizona Burgos	<b>1:13.01</b>	-
	50m: 34.39 34.39	100m: 1:13.01	38.62		

30+

1.	GARZON GONZALEZ, David	91	CD Upstream	<b>58.55</b>	10,00
	50m: 28.63 28.63	100m: 58.55	29.92		
2.	VALLE TENORIO, Roberto	90	C.N. Palencia	<b>58.95</b>	8,00
	50m: 29.10 29.10	100m: 58.95	29.85		
3.	DE LA CALLE GAMAZO, Sergio	92	CD Upstream	<b>59.26</b>	6,00
	50m: 28.81 28.81	100m: 59.26	30.45		
4.	ORTEGA OCHOA, Marcos	93	C.N. Bierzo-Ponferrada	<b>1:03.86</b>	4,00
	50m: 30.08 30.08	100m: 1:03.86	33.78		
5.	DE LA PEÑA GUTIERREZ, Saul	93	CD Upstream	<b>1:08.89</b>	2,00
	50m: 32.86 32.86	100m: 1:08.89	36.03		
6.	CANO BAQUERO, Carlos	93	C.D. Tizona Burgos	<b>1:15.79</b>	1,00
	50m: 35.50 35.50	100m: 1:15.79	40.29		
7.	GONZÁLEZ CARPINTERO, Borja	93	Centro Esela	<b>1:35.80</b>	-
	50m: 45.98 45.98	100m: 1:35.80	49.82		
Baja	SACRISTÁN SALAZAR, Victor	93	C.N. Iregua-Villamediana		-

35+

1.	GAMARRA OLMEDO, Jorge	85	CD Upstream	<b>1:06.78</b>	10,00
	50m: 32.21 32.21	100m: 1:06.78	34.57		
2.	INFANTE PÉREZ, Enrique	89	CD Upstream	<b>1:20.60</b>	8,00
	50m: 37.97 37.97	100m: 1:20.60	42.63		
3.	MARTINEZ VIDAS, Alejandro	88	Centro Esela	<b>2:15.31</b>	6,00
	50m: 1:01.17 1:01.17	100m: 2:15.31	1:14.14		
4.	BURGOS GOZALEZ, Jorge	86	Centro Esela	<b>2:29.64</b>	4,00
	50m: 1:09.23 1:09.23	100m: 2:29.64	1:20.41		

45+

1.	HERRÁN DE LA MAZA, Pablo	77	CD Upstream	<b>1:08.85</b>	10,00
	50m: 33.02 33.02	100m: 1:08.85	35.83		
2.	JIMÉNEZ GONZÁLEZ, Rubén	76	CD Upstream	<b>1:33.67</b>	8,00
	50m: 43.82 43.82	100m: 1:33.67	49.85		
Baja	PERALTA PÉREZ, Israel	79	C.D.N. Zamora		-

**IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024**

**Prueba 11, Masc., 100m Libre**

**50+**

1.	DOMINGO ALONSO, Alvaro	74	CD Upstream	<b>1:13.37</b>	10,00
	50m: 35.46 35.46	100m: 1:13.37	37.91		
2.	GALLEGO RODRIGUEZ, Jose Felix	70	CD Upstream	<b>1:19.33</b>	8,00
	50m: 38.40 38.40	100m: 1:19.33	40.93		
3.	TEMIÑO RUIZ, Alejandro	71	C.D. Tizona Burgos	<b>1:23.74</b>	6,00
	50m: 40.27 40.27	100m: 1:23.74	43.47		
Baja	MERINO DOMINGUEZ, Luis	70	S.D. La Venatoria		-

**55+**

1.	SABATER REDONDO, Jorge	68	00006 - C.N. Cuatro Caminos	<b>1:04.27</b>	10,00
	50m: 31.52 31.52	100m: 1:04.27	32.75		
2.	GALLEGO VICARIO, Roberto	69	Club Natacion Master Leon	<b>1:14.46</b>	8,00
	50m: 34.67 34.67	100m: 1:14.46	39.79		
3.	REBE DEL OLMO, Francisco Javier	67	C.D. Tizona Burgos	<b>1:17.68</b>	6,00
	50m: 38.29 38.29	100m: 1:17.68	39.39		
4.	LÓPEZ ALONSO, Juan Antonio	68	C.N. Bierzo-Ponferrada	<b>1:17.88</b>	4,00
	50m: 36.61 36.61	100m: 1:17.88	41.27		
5.	SOLA CASAS, Marcel	67	C.D. Tizona Burgos	<b>1:18.54</b>	2,00
	50m: 37.28 37.28	100m: 1:18.54	41.26		
6.	GIL GUILLEN, Marcos	69	Echavacoiz S.D.C.	<b>1:21.41</b>	1,00
	50m: 39.53 39.53	100m: 1:21.41	41.88		
Baja	FERNÁNDEZ BONNEMAISON, A.	67	CD Upstream		-

**60+**

1.	ALUTIZ DUARTE, Santiago	62	C.N. Iregua-Villamediana	<b>1:14.83</b>	10,00
	50m: 36.01 36.01	100m: 1:14.83	38.82		
2.	PEREZ SERRANO, Miguel	63	C.D. Tizona Burgos	<b>1:34.81</b>	8,00
	50m: 46.54 46.54	100m: 1:34.81	48.27		
3.	PELÁEZ FRANCO, Antonio-Manuel	63	C.D.N. Zamora	<b>1:40.11</b>	6,00
	50m: 45.92 45.92	100m: 1:40.11	54.19		
Baja	BADAS CODEJON, Nestor	60	CD Upstream		-

**65+**

1.	PRIETO GUIBELALDE, Luis Alberto	59	C.N Tritón Bierzo	<b>1:16.90</b>	10,00
	50m: 37.09 37.09	100m: 1:16.90	39.81		
2.	ARIAS TOBALINA, Federico	57	CD Upstream	<b>1:26.33</b>	8,00
	50m: 42.84 42.84	100m: 1:26.33	43.49		
3.	CARRANZA RODRIGUEZ, Luis Guillermo	57	C.D. Tizona Burgos	<b>1:34.17</b>	6,00
	50m: 45.28 45.28	100m: 1:34.17	48.89		

**75+**

1.	ROBLES SALAMANCA, Alberto	49	Club Natacion Master Leon	<b>2:04.09</b>	10,00
	50m: 1:01.55 1:01.55	100m: 2:04.09	1:02.54		
Baja	JIMENO IBAÑEZ, Domingo	48	C.N. Leon		-



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 12  
06/04/2024 - 16:38

Fem., 100m Libre

20 años y mayores  
Resultados

Clasificación			AN			Tiempo	
<b>20+</b>							
1.	FERNÁNDEZ CORTADA, Lucía		04	C.N. Palencia		<b>1:03.41</b>	10,00
	50m: 29.57 29.57	100m: 1:03.41		33.84			
2.	SAN JUAN CASTRIGNO, Mireia		02	C.N. Palencia		<b>1:09.09</b>	8,00
	50m: 33.26 33.26	100m: 1:09.09		35.83			
3.	SEGOVIA MORENO, Silvia		04	C.D. Torrelago Wellness		<b>1:10.38</b>	6,00
	50m: 33.63 33.63	100m: 1:10.38		36.75			
4.	RIOCEREZO SAN ESTEBAN, Jimena		03	C.D. Tizona Burgos		<b>1:10.60</b>	4,00
	50m: 33.44 33.44	100m: 1:10.60		37.16			
<b>25+</b>							
1.	RUIZ MAYORAL, Nerea		97	C.D. Tizona Burgos		<b>1:21.28</b>	10,00
	50m: 37.63 37.63	100m: 1:21.28		43.65			
<b>30+</b>							
1.	APORTA DEL TESO, Eva		91	C.D.N. Zamora		<b>1:07.13</b>	10,00
	50m: 31.07 31.07	100m: 1:07.13		36.06			
2.	DE LA CALLE GAMAZO, Beatriz		94	CD Upstream		<b>1:17.08</b>	8,00
	50m: 36.52 36.52	100m: 1:17.08		40.56			
3.	RODRIGUEZ MORANTE, Ana		93	C.D. Tizona Burgos		<b>1:21.79</b>	6,00
	50m: 40.55 40.55	100m: 1:21.79		41.24			
4.	VALLELADO MOLINA, Rocío		91	CD Upstream		<b>1:41.28</b>	4,00
	50m: 45.03 45.03	100m: 1:41.28		56.25			
5.	OLALLA ANTÓN, Sara		93	Centro Esela		<b>2:53.91</b>	2,00
	50m: 1:22.28 1:22.28	100m: 2:53.91		1:31.63			
<b>35+</b>							
1.	MAYO ANTON, Rut		87	C.D.N. Zamora		<b>1:23.46</b>	10,00
	50m: 40.49 40.49	100m: 1:23.46		42.97			
<b>40+</b>							
1.	MARTINEZ RODRIGUEZ, Raquel		83	CD Upstream		<b>1:36.84</b>	10,00
	50m: 43.64 43.64	100m: 1:36.84		53.20			
<b>45+</b>							
1.	HERAS VIDAURRE, Elena		77	C.D. Tizona Burgos		<b>1:16.67</b>	10,00
	50m: 36.30 36.30	100m: 1:16.67		40.37			
2.	PEÑA PACHON, Lucia		75	C.N. Iregua-Villamediana		<b>1:24.21</b>	8,00
	50m: 39.50 39.50	100m: 1:24.21		44.71			
3.	GONZÁLEZ DE LA FUENTE, M <sup>a</sup> Carolina		77	CD Upstream		<b>1:24.42</b>	6,00
	50m: 41.10 41.10	100m: 1:24.42		43.32			
4.	VELA GARCÍA, Silvia		78	C.D.N. Zamora		<b>1:30.02</b>	4,00
	50m: 43.62 43.62	100m: 1:30.02		46.40			
5.	COUSO FRAIZ, Carmen		78	C.N Tritón Bierzo		<b>1:48.31</b>	2,00
	50m: 52.48 52.48	100m: 1:48.31		55.83			



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 12, Fem., 100m Libre

50+

1.	ALVAREZ GAGO, Marta	73	S.D. La Venatoria	<b>1:12.41</b>	10,00
	50m: 34.76 34.76 100m: 1:12.41 37.65				
2.	ALVAREZ DURANGO, Eva	71	S.D. La Venatoria	<b>1:19.11</b>	8,00
	50m: 37.54 37.54 100m: 1:19.11 41.57				
3.	FERNANDEZ LEBRATO, M <sup>a</sup> Angeles	70	C.D. Tizona Burgos	<b>1:24.90</b>	6,00
	50m: 40.41 40.41 100m: 1:24.90 44.49				
4.	ESPINA ASENSIO, Rocio	74	C.N. Palencia	<b>1:54.29</b>	4,00
	50m: 52.64 52.64 100m: 1:54.29 1:01.65				
5.	HERAS GONZÁLEZ, Maria Esther	71	C.N. Bierzo-Ponferrada	<b>2:00.83</b>	2,00
	50m: 56.53 56.53 100m: 2:00.83 1:04.30				

55+

1.	ALONSO PRIETO, Ines	69	S.D. La Venatoria	<b>1:26.60</b>	10,00
	50m: 41.50 41.50 100m: 1:26.60 45.10				
2.	TOBAR GONZALEZ, Blanca Esther	66	C.D. Tizona Burgos	<b>2:17.78</b>	8,00
	50m: 1:09.31 1:09.31 100m: 2:17.78 1:08.47				

65+

1.	APELLANIZ ALBENIZ, Maria Inmaculada	59	C.D. Tizona Burgos	<b>1:49.38</b>	10,00
	50m: 51.66 51.66 100m: 1:49.38 57.72				

70+

Baja	SANTAMARIA MINGUEZ, Blanca Nieves	53	C.D. Tizona Burgos	-	-
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Prueba 13  
06/04/2024 - 16:48

Masc., 200m Estilos

20 años y mayores  
Resultados

Clasificación	AN							Tiempo	
20+									
1.	CALVO ORTEGA, Sergio	02	C.N. Palencia	<b>2:28.01</b>	10,00				
	50m: 32.17 32.17 100m: 1:07.11 34.94 150m: 1:53.75 46.64 200m: 2:28.01 34.26								
2.	FERNANDEZ GARCIA, Pedro	03	C.D. Tizona Burgos	<b>2:39.60</b>	8,00				
	50m: 34.12 34.12 100m: 1:14.24 40.12 150m: 2:02.26 48.02 200m: 2:39.60 37.34								
3.	SANZ GARCÍA, Alejandro	02	C.D. Tizona Burgos	<b>2:48.12</b>	6,00				
	50m: 34.44 34.44 100m: 1:16.89 42.45 150m: 2:07.93 51.04 200m: 2:48.12 40.19								
25+									
1.	RECIO REGUERO, Diego	95	C.N. Leon	<b>2:35.94</b>	10,00				
	50m: 32.37 32.37 100m: 1:13.72 41.35 150m: 1:57.99 44.27 200m: 2:35.94 37.95								
30+									
1.	DIAZ ALVAREZ, Daniel	90	R.G.C. Covadonga	<b>2:28.07</b>	10,00				
	50m: 32.51 32.51 100m: 1:11.58 39.07 150m: 1:53.56 41.98 200m: 2:28.07 34.51								
2.	BLANCO MAROTO, Juan Daniel	92	00573 - C.N. Leganes	<b>2:43.22</b>	8,00				
	50m: 33.64 33.64 100m: 1:12.23 38.59 150m: 2:02.55 50.32 200m: 2:43.22 40.67								





IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 13, Masc., 200m Estilos

35+

1.	FERNANDEZ PEREZ, Victor	85	C.D. Tizona Burgos	2:43.07	10,00
	50m: 33.90 33.90	100m: 1:18.47	44.57 150m: 2:05.62	47.15 200m: 2:43.07	37.45
2.	HERRERA DEL AMO, Roberto	88	00573 - C.N. Leganes	2:48.93	8,00
	50m: 34.25 34.25	100m: 1:16.75	42.50 150m: 2:09.07	52.32 200m: 2:48.93	39.86
3.	LOPEZ GONZALEZ, Marcos	87	C.N. Ovimaster	2:57.67	6,00
	50m: 36.86 36.86	100m: 1:21.04	44.18 150m: 2:15.56	54.52 200m: 2:57.67	42.11

40+

1.	PEREZ HERNANDEZ, Samuel	80	C.D.N. Zamora	2:54.89	10,00
	50m: 37.96 37.96	100m: 1:25.85	47.89 150m: 2:14.03	48.18 200m: 2:54.89	40.86
2.	SOCORRO CARDONA, Alejandro	82	C.D. Tizona Burgos	3:27.74	8,00
	50m: 39.84 39.84	100m: 1:36.73	56.89 150m: 2:39.88	1:03.15 200m: 3:27.74	47.86

45+

DSQ	JIMÉNEZ OCHOA, Francisco Javier	75	Club Natación Rivalia	-	-
NP	GONZALEZ MAESO, Esau	77	C.D. Torrelago Wellness	-	-

50+

1.	MARCIO MANZANO, Miguel	74	C.D. Tizona Burgos	2:49.30	10,00
	50m: 37.51 37.51	100m: 1:25.79	48.28 150m: 2:10.96	45.17 200m: 2:49.30	38.34
2.	MORCHON FUENTES, Oscar Javier	72	CD Upstream	3:01.35	8,00
	50m: 37.57 37.57	100m: 1:28.01	50.44 150m: 2:17.94	49.93 200m: 3:01.35	43.41

60+

1.	MARTIN-ANERO AVEDILLO, Norberto	63	C.D.N. Zamora	3:24.38	10,00
	50m: 41.54 41.54	100m: 1:41.66	1:00.12 150m: 2:38.49	56.83 200m: 3:24.38	45.89

Prueba 14

Fem., 200m Estilos

20 años y mayores

06/04/2024 - 16:56

Resultados

Clasificación	AN	Tiempo
20+		
1.	ZAPATA CHURRUCA, Leire	03 Echavacoiz S.D.C.
	50m: 39.40 39.40	100m: 1:27.32
		47.92 150m: 2:24.27
		56.95 200m: 3:04.87
		40.60
25+		
1.	RAMIREZ REVILLA, Nuria	98 C.N. Soriano
	50m: 40.14 40.14	100m: 1:35.83
		55.69 150m: 2:30.04
		54.21 200m: 3:16.10
		46.06
30+		
1.	SADORNIL GUTIERREZ, Ana Marta	91 C.N. Palencia
	50m: 47.16 47.16	100m: 1:40.31
		53.15 150m: 2:34.04
		53.73 200m: 3:29.76
		55.72



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 14, Fem., 200m Estilos

40+

1.	BLANCO VECILLA, Patricia	84	C.D.N. Zamora	<b>3:13.35</b>	10,00
	50m: 40.10 40.10	100m: 1:29.60	49.50 150m: 2:23.96	54.36	200m: 3:13.35 49.39

45+

1.	GONZALEZ SANTAMARTA, Cristina	75	00573 - C.N. Leganes	<b>3:01.50</b>	10,00
	50m: 41.60 41.60	100m: 1:29.44	47.84 150m: 2:20.81	51.37	200m: 3:01.50 40.69

55+

1.	RODRÍGUEZ NIDAGUILA, Mª Mar	69	C.D. Tizona Burgos	<b>3:00.81</b>	10,00
	50m: 37.94 37.94	100m: 1:26.19	48.25 150m: 2:16.74	50.55	200m: 3:00.81 44.07
2.	ORTEGA ABIA, Susana	69	C.N. Palencia	<b>4:10.44</b>	8,00
	50m: 1:01.53 1:01.53	100m: 2:04.37	1:02.84 150m: 3:15.03	1:10.66	200m: 4:10.44 55.41

60+

DSQ	RODRÍGUEZ ROMERO, Ana Maria	64	C.N. Palencia	-	-
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Prueba 15  
06/04/2024 - 17:01

Mixto, 4 x 50m Estilos

AG 80 - 319  
Resultados

Clasificación

Tiempo

+80

1.	C.D. Torrelago Wellness +80		C.D. Torrelago Wellness	<b>2:08.22</b>	20,00
	SEGOVIA MORENO, Silvia 04	35.23	AGUADO VESPERINAS, Raul 98	28.13	
	NOGUERAS GONZALEZ, Angela 02	39.00	ESTEBAN BLASCO, David 01	25.86	
2.	C.N. Palencia +80		C.N. Palencia	<b>2:11.27</b>	16,00
	FERNÁNDEZ CORTADA, Lucía 04	33.79	CALVO ORTEGA, Sergio 02	31.45	
	GIMENO PINEDO, Jorge 01	35.42	SAN JUAN CASTRIGNO, Mireia 02	30.61	
3.	C.D. Tizona Burgos +80		C.D. Tizona Burgos	<b>2:15.94</b>	12,00
	FERNANDEZ GARCIA, Pedro 03	33.16	RIOCEREZO SAN ESTEBAN, Jimena 03	33.84	
	SANZ GARCÍA, Alejandro 02	37.73	RUIZ MAYORAL, Carla 01	31.21	

+100

1.	C.D. Tizona burgos +100		C.D. Tizona Burgos	<b>2:30.23</b>	20,00
	RUIZ MAYORAL, Nerea 97	42.37	CALLEJA RODRIGUEZ, Maria 77	39.74	
	VEGA FUERTES, Lucas 04	36.92	MARTÍNEZ SANLLORENTE, Jonás 00	31.20	

+120

1.	C.D.N. Zamora +120		C.D.N. Zamora	<b>2:12.42</b>	20,00
	POMAR SOLANA, Sara 95	34.37	SANCHEZ ROBLES, Jose Manuel 81	32.15	
	REDONDO ENRIQUEZ, Jose 89	35.77	APORTA DEL TESO, Eva 91	30.13	
2.	C.D. Tizona Burgos +120		C.D. Tizona Burgos	<b>2:17.43</b>	16,00
	LOSANTOS PRIETO, Esther 83	35.88	GARCIA TORRES, Roberto 00	30.38	
	HERAS VIDAURRE, Elena 77	40.51	UCAR SEVILLANO, Guillermo 91	30.66	
3.	CD Upstream +120		CD Upstream	<b>2:28.08</b>	12,00
	GARZON GONZALEZ, David 91	32.61	DE LA CALLE GAMAZO, Sergio 92	28.58	
	DE LA CALLE GAMAZO, Beatriz 94	44.87	VALLELADO MOLINA, Rocío 91	42.02	



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

Prueba 15, Mixto, 4 x 50m Estilos

+160

1.	C.D. Tizona Burgos +160		C.D. Tizona Burgos	<b>2:25.99</b>	20,00
	RODRÍGUEZ NIDAGUILA, M <sup>a</sup> Mar	69	39.55 TAVERA MORENO, Pedro Daniel		35.60
	FERNANDEZ PEREZ, Victor	85	33.57 FERNANDEZ LEBRATO, M <sup>a</sup> Angeles		37.27
2.	C.D.N. Zamora +160		C.D.N. Zamora	<b>2:36.10</b>	16,00
	ARIAS GAMAZO, Ester	90	47.09 BLANCO VECILLA, Patricia		39.98
	FERNANDEZ LLANOS, Luis Ignacio	69	38.85 PEREZ HERNANDEZ, Samuel		30.18
3.	C.N. León +160		C.N. León	<b>2:44.92</b>	12,00
	RODRIGUEZ FERNANDEZ, Ana	87	39.83 PEREZ MARCOS, Manuel		41.58
	RECIO REGUERO, Diego	95	35.05 HIDALGO MARTINEZ, Rosa		48.46
4.	C.N. Bierzo-Ponferrada +160		C.N. Bierzo-Ponferrada	<b>2:47.20</b>	8,00
	LÓPEZ ALONSO, Juan Antonio	68	40.65 ORTEGA OCHOA, Marcos		29.75
	GONZALEZ ORALLO, Cristina	98	44.62 HERAS GONZÁLEZ, Maria Esther		52.18
DSQ	C.N. Palencia +160		C.N. Palencia		-
	VALLE TENORIO, Roberto, SANJUÁN MOYANO, Ana María, RODRÍGUEZ ROMERO, Ana María, ESTEBANEZ HERRERA, Sergio				
Baja	S.D. La Venatoria +160		S.D. La Venatoria		-

+200

1.	C.D. Tizona Burgos +200		C.D. Tizona Burgos	<b>2:30.73</b>	20,00
	MARTIN ANGULO, Daniel	82	31.55 MARCIO MANZANO, Miguel		34.55
	AYALA GUTIERREZ, Angeles	64	43.71 PEREZ CASTREJON, Sara		40.92
2.	CD Upstream +200		CD Upstream	<b>2:55.71</b>	16,00
	MARTINEZ RODRIGUEZ, Raquel	83	56.45 MORCHON FUENTES, Oscar Javier		36.15
	GONZÁLEZ DE LA FUENTE, M <sup>a</sup> Carolina	77	45.90 ARIAS TOBALINA, Federico		37.21
DSQ	C.D.N. Zamora +200		C.D.N. Zamora		-
	CAMPOS MANZANO, Ana, PELÁEZ FRANCO, Antonio-Manuel, MARTIN-ANERO AVEDILLO, Norberto, VELA GARCÍA, Silvia				

+240

1.	C.D. Tizona Burgos +240		C.D. Tizona Burgos	<b>3:29.78</b>	20,00
	APELLANIZ ALBENIZ, María Inmaculada	59	1:03.16 GONZALO ENCINAR, Ruben		36.20
	ARRIBAS PAMPLIEGA, Felisa	53	1:14.94 SOLA CASAS, Marcel		35.48
Baja	C.D. Tizona Burgos +240		C.D. Tizona Burgos		-



IX Trofeo Open Máster C.N. Tizona  
Burgos, 6/4/2024

PUNTOS MASTER TIZONA

Todas las pruebas

Todos, Abs.

1. C.D. Tizona Burgos	01358	595,00
2. C.D.N. Zamora	01251	276,00
3. CD Upstream	01514	238,00
4. C.N. Palencia	00431	212,00
5. C.N. Bierzo-Ponferrada	00814	78,00
6. C.D. Torrelago Wellness	01351	72,00
7. 00573 - C.N. Leganes	00573	67,00
8. S.D. La Venatoria	00143	62,00
9. C.N. Leon	00480	60,00
10. Club Natacion Master Leon	01399	54,00
11. C.N Tritón Bierzo	01797	50,00
C.N. Ovimaster	01080	50,00
13. Club Natación Rivalia	01541	44,00
14. Echavacoiz S.D.C.	00N21	39,00
15. 00006 - C.N. Cuatro Caminos	00006	38,00
16. C.N. Iregua-Villamediana	01255	36,00
17. Centro Esela	00001	32,00
18. C.N. Soriano	00027	30,00
19. C. Aquatico Aviles Solras	01549	20,00
R.G.C. Covadonga	00093	20,00
21. C.Acuatico Salamanca	01002	16,00